

DURNIAT STRENGTH

NOVICE ONLY GRIP CHALLENGE

DATE: February 19, 2011

NOVICE DEFINITION: This competition is open to anyone within his or her first year of competing in a grip sport competition. Athletes who have previously waived their novice status cannot compete at this event. Veterans of grip will be on hand to help coach the novice athletes.

SIGN-IN: 9:30am
RULES: 9:50am
START: 10:00am

LOCATION: **Durniat Strength**
1578 Mechanicsburg Rd.
Wooster, OH 44691

ENTRY FEE: \$40

DEADLINE: **Postmarked** February 1, 2011. Paying on contest day, add \$10.

WEIGHT CLASSES: Heavy Weight: >94kg (above 206.8 lbs.)
Light Weight: <94kg (under 206.8 lbs.)
Women's Open

EVENTS: Parallel Set Grippers
Max 2 Hands Pinch – euro device
Max Double Overhand Axle Deadlift
Medley ~ 25 objects
Wrist Roller from a tower

SCORING: Grip Sport percentage based scoring will be used.
The best performance in the event is awarded 100 points. All other lifters' performances are divided by the best performance and then multiplied by 100 for their score.

For example if Lifter A lifts 350 lbs and this is the best lift in his/her division, he gets 100 points for his lift. If Lifter B lifts 320 lbs, his score is figured like so: $100 \times 320/350 = 91.428$.

AWARDS: Prize Package will be awarded to the top three finishers of each class.

MAKE ALL CHECKS/ MONEY ORDERS PAYABLE TO: **Durniat Strength**
MAIL ENTRY FORM AND FEE TO:

Andrew Durniat
1154 Mindy Lane, Unit A
Wooster, OH 44691

DURNIAT STRENGTH NOVICE ONLY GRIP CHALLENGE

ENTRY FORM

In consideration of your acceptance of this entry, I hereby, for myself, my heirs, executors and administrators, and my assignees, waive and release all rights and damages I may have against Durniat Strength and its staff, Andrew Durniat, and staff, any and all sponsors/suppliers, equipment donors, the officials, volunteers, employees, their representatives and assigns, for any and all injuries incurred by me in conjunction with this competition and in traveling to and from the event. And in further consideration of permission being granted to me to participate in the Durniat Strength Novice Only Grip Challenge and its related events, I hereby grant Durniat Strength and Andrew Durniat, and/or any other approved video or entertainment organization and all of their agents, successors, licensees and assigns, the right to photograph or otherwise reproduce (whether by film, tape, still photography or otherwise) my voice, appearance and name, and to exhibit, distribute, transmit, and/or otherwise exploit any and all media, including without limitation, by means of still photography, motion pictures, radio, television, television motion pictures, video, printing or any other medium now known or hereafter devised, including with respect also to any merchandising, advertising and/or publicity, and the right to use my name and information about me in any connection with any of the foregoing. The rights granted by me hereunder are granted for the entire universe and shall endure in perpetuity and no further compensation shall be payable to me at anytime in connection therewith. Nothing contained herein shall be deemed to obligate Durniat Strength and Andrew Durniat and/or any other approved video or entertainment organization, to photograph or otherwise reproduce my voice, appearance or name, or to make use of any rights granted herein. I also understand that the aforementioned rights may be reassigned at any time without further consent. I understand that Durniat Strength and Andrew Durniat and/or any other approved video or entertainment organization, are videotaping and photographing the Event in express reliance upon the foregoing, and I represent and agree that I am free to grant the rights granted to Durniat Strength and Andrew Durniat and/or any other approved video or entertainment organization hereunder. Therefore I affix my signature below:

NAME: _____

ADDRESS: _____

CITY: _____

STATE: _____ ZIP: _____

PHONE: _____

EMAIL: _____

AGE: _____ HEIGHT: _____

T-SHIRT SIZE: _____

SIGNATURE: _____

(PARENT OR GUARDIAN SIGNATURE IF UNDER 18)